Take a quiet moment in prayer then recite the following out loud or to yourself. Each verb begins with a letter, which, when taken together, spells out FRANCIS.

I commit to:

- **F**acilitate a forum for difficult discourse and acknowledge that dialogue can lead to new insight and mutual understanding
- **R**espect the dignity of all people, especially the dignity of those who hold an opposing view
- **A**udit myself and utilize terms or a vocabulary of faith to unite or reconcile rather than divide conflicting positions
- **N**eutralize inflamed conversations by presuming that those with whom we differ are acting in good faith
- **C**ollaborate with others and recognize that all human engagement is an opportunity to promote peace
- **I**dentify common ground such as similar values or concerns and utilize this as a foundation to build upon
- **S**upport efforts to clean up provocative language by calling policy makers to their sense of personal integrity